Harrison Primary School PSHE

LONG-TERM OVERVIEW:

Three Core Themes:

Relationships

Health and Well-being

Living in the Wider World

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|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Year 1** | **What is the same and different about us?** | **Who is special to us?** | **What helps us stay healthy?** | **What can we do with money?** | **Who helps to keep us safe?** | **How can we look after each other and the world?** |
| **Year 2** | **What makes a good friend?** | **What is bullying?** | **What jobs do people do?** | **What helps us to stay safe?** | **What helps us grow and stay healthy?** | **How do we recognise our feelings?** |
| **Year 3** | **How can we be a good friend?** | **What keeps us safe?** | **What are families like?** | **What makes a community?** | **Why should we eat well and look after our teeth?** | **Why should we keep active and sleep well?** |
| **Year 4** | **What strengths, skills and interests do we have?** | **How do we treat each other with respect?** | **How can we manage our feelings?** | **How can our choices make a difference**  **to others and the**  **environment?** | **PATHS**  **(chosen according to needs of cohort)** | **How can we manage risk in different places?** |
| **Year 5** | **What makes up a person’s identity?** | **What decisions can people make with money?** | **How can we help in an accident or emergency?** | **How can friends communicate safely?** | **How can drugs common to everyday life affect health?**  **(How will we grow and change? - taught with Puberty content Science)** | **What jobs would we like?** |
| **Year 6** | **How can we keep healthy as we grow?** | | **How can the media influence people?** | | **What will change as we become more independent? How do friendships change as we grow?** | |