

Be Bright

Be Seen



sustrans

JOIN THE MOVEMENT



Why is it important?

What can you do?

Bright or dark?



Junior Road Safety Officers



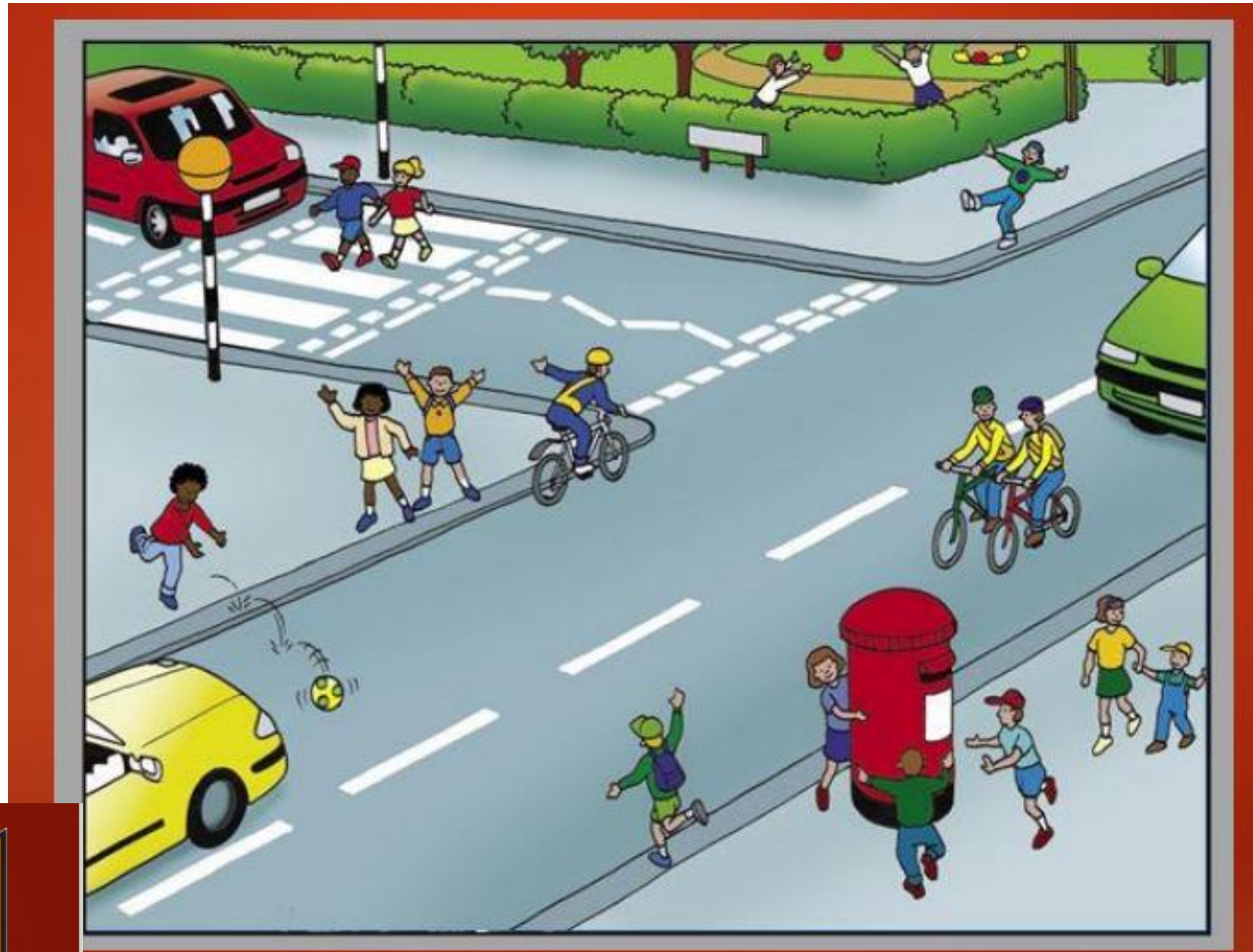


Everyone's life matters on roads

The school community should always be safe when travelling to/from school and when crossing the road. To ensure this, we will teach you how to cross the road safely.



Can you spot who is being safe?



Myalei

Hi, I am Myalei.

I would like to make sure that everyone knows how to keep safe on the road and use all the senses you have to cross the road. This is an essential life skill.

Stop: Just in case there is a car you can't see or hear.

Look: See if there are cars driving past.

Listen: Listen out for oncoming traffic.



Remember...

Being bright isn't the only way to stay safe on the roads.

Whether it's night or day always choose a well lit route with safer places to cross and remember to use the

Green Cross Code



**Stop
Look
Listen
Think**

The Green Cross Code

Kinan

This is what we WANT!

Many children also ride scooters and bikes to school. Everyone, including drivers, needs to know how to be safe and responsible.



So, as we move on to the next JRSO, my key message is...“Wear your helmet!”



Selena

Please make sure you are aware of your surroundings.

Harrison Road may be closed in our School Streets Scheme but YOU must be careful still. There might be a bike or car coming still.

Other roads are not closed.

This is crucial.

Joseph

It's also really important that you help other people. When you see someone that needs help crossing the road you must know what to do. You might spot some elderly, disabled, on crutches after an accident or a younger child who needs help to cross the road safely.

You should always wear a helmet and, if needed, protective gear for other parts of the body. So, as we move on to the next JRSO, my key message is...“Wear your helmet!”



Our School Streets Scheme

Please remember to 'park and stride' from the Leisure Centre or Sainsbury's.

Or walk to school and use the School Street.
Everyone can help to keep Harrison Road safe and pollution free.



Be Bright Be Seen!

Greta

You may have noticed that it is getting darker outside by the day and this makes it difficult to be seen in our school uniform or dark coloured clothes.

To promote road safety, whether you are walking, cycling or scooting to school, we would like everyone to wear something bright to school on Friday.

This could be a hi-visibility top, fluorescent trousers or reflective items.

Being Bright and Being Seen may save your life, so let's promote it together!





BE BRIGHT BE SEEN

Friday 24^h November 2023

Don't be invisible to traffic

Be bright, be seen



Be bright, be seen

Help others see you.
Wear or carry something light-coloured,
bright or fluorescent

Fluorescent materials are good.

They show up in daylight and when it is
getting dark.

Reflective materials are good at night.

Bling Your Ride!!

- This Friday 24th November.
Decorate your Bike, Wheels,
Scooter or Bag with a Be
Bright Be Seen & Time To
Shine Theme.
- There will be 2 winners per
year group who will each
receive a prize!!
- Make sure no decorations
get in your wheels or brakes,
it must be safe to ride!
- Remember to put your name
and class on!!



Tuesday assembly

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See and be seen

Now you see me



REFLECTORS

- ✓ Reflective strips on clothing show up well in car headlights.
- ✓ The movement of reflectors on spokes, pedals, and ankle bands shows drivers that there is a cyclist ahead.

CLOTHING

- ✓ Eyes are most sensitive to yellow/green and in low light conditions these colours show up best.
- ✓ During the day bright orange may stand out better, particularly against green.
- ✓ Fluorescent materials give out more light and will help you to be seen more easily.

Now you don't



LIGHTS

- ✓ The brighter your lights the greater the distance you can be seen from.
- ✓ Flashing lights catch drivers' attention more readily than solid ones.





Reflective materials are good when it goes dark as they appear to “glow” brightly when lights shine onto them.

Having clothing that is both **fluorescent** and **reflective** is even better because they help you to be seen both day and night.



Accessories can make you be bright and be seen too.

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CROSSING ROADS – all children

Crossing roads

Safer Journeys Years R1&2

The boy who didn't look and listen

Years 3,4,5,&6

**The boy who didn't look for a safe
place to cross**

Years 2,3,4,5,6,

The girl who didn't dress bright

Year 2,3,4,5,6

THURSDAY REFLECTION



WHAT DOES
THIS PICTURE
MEAN TO
YOU?

BE BRIGHT BE SEEN!